



In every endeavour we take in life and as disciples, it all begins with a spark, a little whisper, a little voice that invites us to take a step forward. More often than not, we allow ourselves to drum up delays and excuses, the 'I'll do it later' and the 'maybe not me'. Then, what does it take to start something good, to initiate for the community? St. Paul reminds us that the Spirit emboldens us with diverse gifts and capabilities. These gifts then enable us to be apostles, prophets, teachers and more importantly *equip the saints for the work of ministry*. Now, knowing that we, in fact, have these gifts, how can we answer the call to build up the body of Christ?

### SCRIPTURE of the DAY

Deuteronomy: 8: 2-3,  
14-16

Psalms 147: 12-15, 19-20

1 Corinthians 10: 16-17

John 6: 51-58



**"A synodal Church is a Church which listens, which realises that listening 'is more than simply hearing'. It is a mutual listening in which everyone has something to learn."**

*- Pope Francis*

### Who is the Initiator? How can we empower them? How do we recognise our initiative and our call to initiate?

The initiator is not the typical leader in the parish or ministry context, this person can come from any pew, a willing and active participant in the work of the Lord for His Body, the Church. Empowering such a person is a delicate task. Have we created spaces where those beyond the circle of leadership can stand up and take steps to contribute? Are we as a community open to listen to those whose voices we have yet to hear. Real conversations on the ground where the faithful share their hearts is where the truth lies, it is when we are able to listen to these, the spirit moves and allows some from there to initiate change and renewal.

It is easy to speak of the other or someone else who will initiate. We often think ourselves unworthy or underqualified. Responding to a need, a cry, a grievance seems like something to avoid. In a world where we are chasing positivity, goodness and light, how can we be the initiators of light in darkness, hope where grief and sorrow overwhelm. That little stirring, a second look or a persistent thought could be signs that the Lord is calling you to initiate something. Say yes! Allow the Spirit to empower you! ✦

# NEWBEC

THE MOST HOLY BODY AND BLOOD OF CHRIST | 7 June 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

*A People for Missionary Discipleship*

MONTHLY FOCUS:  
CHURCH: Living Synodality



## Empowering Initiators for the Body

We look on with great fervour on the focus of the month and on the pastoral pathways of: *Practising communal discernment, building a culture of listening, and collaboration (FD#143)*. Beginning our reflections this month, we look at the Great Initiator of our faith, and on the very week that we celebrate the Most Holy Body and Blood of Christ.

Church of the Good Shepherd,  
8, Jalan Air Putih, Setapak,  
53200 K. L. Tel: 03-48216332  
**Parish Priest:**  
Fr Mitchel Anthony Joseph  
Email: goodshepherd@archkl.org

**Bulletin: June 7, 2026**

**Fr Mitchel's Diary**

**JUNE 2026**

June 5: 1<sup>st</sup> Friday-Holy Hour-Mass  
June 7: Children's Liturgy  
June 8: PPC-PCC Meet  
June 13: Infant Baptism  
June 16: Clergy Recollection  
June 20: Wedding Service  
June 21: KAGAPE Unity Mass

Interested to Serve  
in a Ministry?

- Family Life**  
Christopher Cheong 012-7990774  
& Christine Chua 012-3142864
- Evergreens' Ministry**  
Mona Victor (016-2039549)
- Street Shepherd Outreach (SSO)**  
Stanley Sim (017-3931975) &  
Sharom (012-3111251)
- Orang Asli Ministry**  
Lajarus Tabin (011-26234498)
- Medical Mission**  
Dr Tony Henderson Jeyarajah  
(016-5979086)
- Ministry of the Poor/PIHD Rep**  
Nicholas Anthony (012-6870905)
- Prison Ministry**  
Michael Yap (012-3993096)
- Justice & Peace**  
(formerly Women's Desk)  
Natasha Anne (012-9029535)
- Migrant Ministry**  
Theresa Janey (012-2367316)
- Youth Ministry**  
Cavan (012-8977116)
- = + = + = + = + = + = + =

**GSC USE OF QR  
PAYMENT  
METHOD...**

- ...is only for
- Weekly collections and other Masses;
  - General donations.

This mode of payment however, **is not for Mass intention offerings!!**

# RCIA

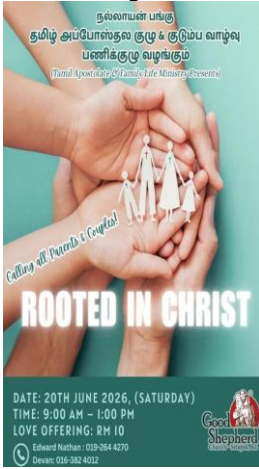
*A Journey In Faith*

**DO YOU KNOW OF ANYONE INTERESTED IN  
KNOWING THE CATHOLIC FAITH??**

**New classes will begin in mid-June.**

- BM:** Celestina Gabriel (011-36088834)
- Mandarin:** Dorothea Hong (012-2552969)
- Tamil:** Susela Mary (016-9855438)
- English:** Michael/Jacinta Yap (019-3168639)
- Call the Parish Office 03-48216332 or register!

**FAMILY LIFE SESSION  
FOR TAMIL-SPEAKING  
(Please, register now)**



நடுவயதான பாலகு  
தமிழ் அபிமானத்தை குழு & குடும்ப வாழ்வு  
பணிகளுக்கு வழங்கும்  
(Tamil Apostolate/Adult Family Life Ministry/Service)

**ROOTED IN CHRIST**

DATE: 20TH JUNE 2026, (SATURDAY)  
TIME: 9:00 AM - 1:00 PM  
LOVE OFFERING: RM 10

Edward Mathai : 019-264 4270  
Devan: 016-582 4012

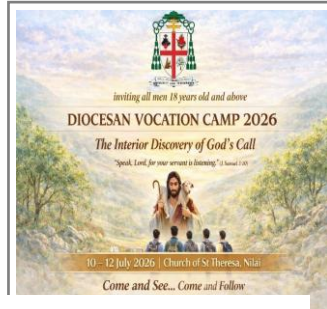


**SUNDAY CATECHISM**  
...resumes today, 07/06.

**CHILDREN'S LITURGY**  
...will also be held this morning for students ages 7 - 9 at the Chapel.

**WEEKEND COLLECTION & OTHERS**

May 30-31: RM 5479.10; Migrants Formation Fund: RM3263.80. God bless you all.  
This weekend's 2<sup>nd</sup> collection (June 6-7) will go towards our PIHDM's needs. TQ



Inviting all men 18 years old and above  
**DIOCESAN VOCATION CAMP 2026**  
*The Interior Discovery of God's Call*  
"Speak, Lord, for your servant is listening." - Psalm 138

10 - 12 July 2026 | Church of St. Theresa, Nilai  
Come and See... Come and Follow

We invite young men, ages 18 and above for a time of discernment to the call for the Priesthood!  
This will be held at St Theresa's, Nilai from the 10-12 July.  
Speak to Fr Mitchel should you need to know more.

**OPEN HOUSE CHARITY  
CARNIVAL TICKETS -  
JUNE 14**

@ MONTFORT'S, BATU TIGA  
Those who have purchased tickets and are not going, may pass the tickets to the Office for our young people to go.

**2026 THEME: Walking Together Towards A Synodal and Prophetic Church  
(A People for Missionary Discipleship)**  
**June 2026: 'Practising Communal discernment, building a culture of listening and collaboration'  
(Eph 4:11-12)**

PCC Chairperson: Gerard Sebastian (012-6528751) **Mass times:** Sundays -7.30am (T), 9.30am (E), 11.15am (M), 12.45pm (BM)  
PFC Chairperson: Andrew Eapen (012- 2096461) **Saturdays**  
BECOT Coordinator: Michael Joseph (018-4020199) **Sunset Mass** - 5.15pm Rosary; 6.00pm (Mass - English)  
**Weekdays:** Tue-Thu: 6.30am; Fri (7pm) (Check Mass list for any weekly changes)

Any donations & other offerings may be made payable to:  
'Gereja Katolik Good Shepherd'(Affin Bank)  
**A/C No. 1001-9000-7211.**  
Please state your payment preference

**Parish Office: Tue - Fri (9.00am-5.00pm)**  
**Sat: (9am-1pm; 3.30pm-6pm); Sun: (8.30am-1.00pm)**  
**Mondays & public holidays (closed)**



Kotobian Tadau Tagazo Do Kaamatan  
Gayu Guru Gerai Nyamai  
**PESTA KESYUKURAN  
KAGAPE 2026**  
KAAMATAN | GAWAI | PANEN  
"Bersatu dalam Sinodaliti, Inklusif dalam Pelayanan, Merayakan Kesyukuran."  
**JUN 21 2026** | **9.30AM** Misa Perpaduan  
**GOOD SHEPHERD CATHOLIC CHURCH, SETAPAK.**

Jamuan disediakan selepas Misa Kudus. Umat digalakkan memakai pakaian tradisi masing-masing.

**Come and celebrate! Thanksgiving Mass - Makan2 - Games etc etc etc!!!**

**SOLEMNITY OF THE  
MOST SACRED HEART  
OF JESUS**

*World Day of Prayer for the  
Sanctity of Priestly Life*

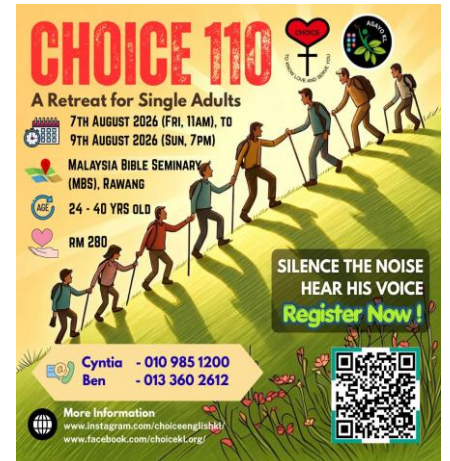


**FRIDAY, JUNE 12**  
**6.30pm: Rosary**  
**7.00pm: Mass (E)**  
**WELCOME!**

**WELCOME BRO JOSEPH TAN**

The Parish of the Good Shepherd takes this opportunity to welcome Seminarian - Bro Joseph Tan who will be on pastoral assignments beginning this 1<sup>st</sup> June, 2026. Both he and Bro Lincoln Lee have completed their seminary formation at St Peter's College, Kuching, Sarawak. We pray for them.

**CHOICE 110 - REGISTER NOW!**



**CHOICE 110**  
A Retreat for Single Adults  
7TH AUGUST 2026 (FRI, 11AM), TO  
9TH AUGUST 2026 (SUN, 7PM)  
MALAYSIA BIBLE SEMINARY  
(MBS), RAWANG  
24 - 40 YRS OLD  
RM 280  
Cynthia - 010 985 1200  
Ben - 013 360 2612  
SILENCE THE NOISE  
HEAR HIS VOICE  
Register Now!  
More Information  
www.instagram.com/choice110thai  
www.facebook.com/choice110.org

**MEETINGS/SESSION THIS WEEK**

1. PPC & PCC Meet - Mon, 08/06 (8pm) CR2
2. BECOT - Thu, 11/06 (8pm) CR2
3. 'Unshaken Youth Camp' - Sat, 13/06 (8.30am - 4.00pm) Function Hall.

**CHURCH OF THE GOOD SHEPHERD**  
8, Jalan Air Putih, Setapak, 53200 Kuala Lumpur  
*Parish Priest: Rev Fr Mitchel Anthony Joseph*

**Saturday**     **6<sup>th</sup> June: 5.15pm Rosary; 6.00pm Sunset Mass (E)**  
**Solemnity of the Most Holy Body & Blood of Christ (A)**  
*Deut 8:2-3,14-16; 1 Cor 10:16-17; Jn 6:51-58*

**2.00pm - Wedding Mass (E): Sanson Selvanathar & Alexandria Anisha Abishegam**

**Souls:** Fr Jestus Pereira, Antony Wee Whatt Chai, Baby Seow Yean (Little Fate), George Wong, Katherine Wong Chock Choo, Elsie Wong Lian Choo, Nancy Kok Fatt Chun, Mandy Yeong Mow Yoong, Annie Tung Ah Har, Lilian Wong Poh Choo, Gloria Hayden, Arasu fly, Theresa Chye Yook Kooi, Francis Ng Sun Hi & Maria Low Yon Moy, Hensie Peters, Dennis Khoo Chuan Aun, Sebastian Khoo Tain Chai & Grace Wong Gaik Choo, Franco, Annie Miranda, Mr & Mrs Oliver Lawrence Fernandez, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Joseph Leong Hong Kong & Mary Wong Lin Chun, Henry Jayasuria, Don Antonio Emilio Martinez, Anthonysamy & Henry Kori, Arul, Richard Ng Cheng Kit, Sally Choong Siew Lan, John Anthony, Joachim Joseph, James Basil Fernandez, Joseph & Celine Almeida, Mr & Mrs Patrick David, Amboros Francis, Souls in purgatory (by Eleanor Fernandez, by Theresa Jayasuria, by Angela Stevenson)

**Sp Int:** Faith & Noel, Chong Sook Yin, Isabella & Collin Luis (Wed Ann), Lily & Rose D'cruz, Roy, Sarah Inez, Milla Sophia, Sophie Alexandra, Thomas Ryan, Francis Anthony, Alphonsia Margaret, Ameesha A, Manisha A, HSA

**Thanksg:** Sharon De Padua, Robert Samy & Susela Mary (45<sup>th</sup> Wed Ann), Harry Daniel Solomon & fly (HT), Andrea, Angela Stevenson (OLG), Roselind & fly (SHJ)

---

**Sunday**     **7<sup>th</sup> June: SOLEMNITY OF THE BODY & BLOOD OF CHRIST (A)**     **Psalter II**  
**Masses: 7.30am (T); 9.30am (E); 11.15am (M); (No BM Mass 07/06)**  
*Deut 8:2-3,14-16; 1 Cor 10:16-17; Jn 6:51-58*

**Souls:** Harvey Gerard Krishnan, Mary Vimala Sundram, Joseph (Mani) Fernandez, John Lim Sin Chai, Anthony Lim Teck Hwa, Tan Beng Hong, K Karunakaran, Paul Tan Siew Hwa, Theresa Chye Yook Kooi, Francis Ng Sun Hi & Maria Low Yon Moy, Philip & Ann Chong, Joseph Foong Fock Yong, Alex Chok, Mr & Mrs Oliver Lawrence Fernandez, Peter Foo Loong Fong, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Francis De Rozario, Joseph Leong Hong Kong & Mary Wong Lin Chun, A S D'cruz, Mary Angelina D'cruz, Thomas Le, Maria Elena Martinez, Richard Ng Cheng Kit, Beryle P Lee, John Subramaniam George, Tan Li Li, Eleanor & Michael Phang, Wong Ah Mook, Siew Choon Heong, Magdalene Choong, Mr & Mrs Arokiasamy & Annapurani, Tharmaraja Verarathi, Eugenia Tongco & Nicomedes Tongco, Mr & Mrs Charles Abraham, Anthony Tan Yang Ngee, Rajina Mary Anthony Muthu, Elizabeth Mary S Anthony, Arokiamah Anthony, Souls in purgatory (by Chua Ah Heow, by Cecilia Anthony Samy)

**Sp Int:** Fr Simon Agbo (studies), Chuah Teong Ming, Andrew & Andrene Teoh, Tyler (good health), Chua Ah Heow (Peter), Theresa Ng Poh Gek, Collin Bhaskaran & fly, Judy & Chris Long, Ben Richardson & fly, Nick William (b'day), Mr & Mrs Edward Nathan (39<sup>th</sup> Wed Ann), Mr & Mrs Nick William & Jessica Ghanamal (11<sup>th</sup> Wed Ann), Mitch & Bridget, Jean-Roman Gallyot, Anne How, Olivia Carine, Joan Wong, Yeoh Li Ting (divine intervention), Christella Rebecca

**Thanksg:** Julia Chai, Harry Daniel Solomon & fly (OLGH), Ayren Kok & Ayreena Kok, Mark Karoline & fly, Jayden Matthias Joseph, Kraal fly, Anne How & fly, Andrew Tan, Cecilia Anthony Samy, Crispian & Jacqui, Yeoh Li Ting

---

**Monday**     **8<sup>th</sup> June: (10<sup>th</sup> Ord Week)**     **(Office closed)**  
*1 Kgs 17:1-6; Mt 5:1-12*  
**NO MASS**

---

**Tuesday      9<sup>th</sup> June: 6.30am Mass (10<sup>th</sup> Ord Week) St Ephrem, Deacon & Doctor**

*1 Kgs 17:7-16; Mt 5:13-16*

**Souls:** Anthony Chrysostom, Theresa Chye Yook Kooi, Mr & Mrs Oliver Lawrence Fernandez, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Joseph Leong Hong Kong & Mary Wong Lin Chun, Richard Ng Cheng Kit, Kathleen & Thomas Arasu, Beryl & Alphonso Luis, Mary & Clarence Wright, Chua Ming Soon, Souls in purgatory & aborted babies (by Anon, by Alena Chin)

**Sp Int:** Tyler Lim (good health), Junior Jacob, George Choong, Chua Li Ann

**Thanksg:** D'cruz fly

---

**Wednesday      10<sup>th</sup> June: 6.30am Mass (10<sup>th</sup> Ord Week)**

*1 Kgs 18:26-39; Mt 5:17-19*

**Souls:** Fr Simon Tang, Theresa Chye Yook Kooi, Deceased Priests, S Arulnathan, Mr & Mrs Oliver Lawrence Fernandez, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Joseph Leong Hong Kong & Mary Wong Lin Chun, Richard Ng Cheng Kit

**Sp Int:** Edward Lau (exams)

**Thanksg:** Andrew Tan, Isabella & Collin Luis, Georgiana & Rodney

---

**Thursday      11<sup>th</sup> June: 6.30am Mass (10<sup>th</sup> Ord Week) St Barnabas, Apostle**

*Acts 11:21-26; 13:1-3; Mt 10:7-13*

**Souls:** Theresa Chye Yook Kooi, Mr & Mrs Oliver Lawrence Fernandez, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Joseph Leong Hong Kong & Mary Wong Lin Chun, Richard Ng Cheng Kit

**Sp Int:** Junior Jacob

**Thanksg:** Anon (prayers answered)

---

**Friday      12<sup>th</sup> June: SOLEMNITY OF THE MOST SACRED HEART OF JESUS**

**World Day of Prayer for the Sanctity of Priestly Life**

*(No Abstinence)*

**7.00PM MASS**

*Deut 7:6-11; 1 Jn 4:7-16; Mt 11:25-30*

**Souls:** Theresa Chye Yook Kooi, Alex Chok, Mr & Mrs Oliver Lawrence Fernandez, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Ann Dass, Joseph Leong Hong Kong & Mary Wong Lin Chun, Nellan Mathavan, A Amalappasamy, Richard Ng Cheng Kit, Tony & Alice Antoine, Jude Antoine, Mary & Joseph Leong

**Sp Int:** Olivia Faith

**Thanksg:** Marie J, Praba fly, Angela Stevenson (SHJ)

---

**Saturday      13<sup>th</sup> June: 5.15pm Rosary; 6.00pm Sunset Mass (E)**

**11<sup>th</sup> Sunday of the Year (A)**

*Ex 19:2-6; Rom 5:6-11; Mt 9:36-10:8*

**9.30am Infant Baptism**

**Souls:** Rebecca Abirami Rajendran, Gloria Hayden, Theresa Chye Yook Kooi, Francis Ng Sun Hi & Maria Low Yon Moy, Hensie Peters, Dennis Khoo Chuan Aun, Annie Miranda, Mr & Mrs Oliver Lawrence Fernandez, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Christopher Tan Teck Jun, Tan Keng Seng, Mr & Mrs S Martin, Lawrence Martin, Joseph Leong Hong Kong & Mary Wong Lin Chun, Henry Jayasuria, Richard Ng Cheng Kit, Joachim Joseph Souls in purgatory (by Vanda Gomes)

**Sp Int:** Faith & Noel, Roy, Sarah Thomas Dulis, Rachel & Ben On, Adrian Lam Siew King, Joseph Thomas

**Thanksg:** Anon (prayers answered), Ayren Kok & Ayreena Kok, Angela Stevenson (SA)

---