



SCRIPTURE of the DAY

Genesis 2: 7-9, 3: 1-7
Psalm 50: 3-6, 12-14, 17
Romans 5: 12-19
(or 12: 17-19)
Matthew 4: 1-11



But that's the supreme subtlety of the Devil. He has perfected the art of making sin not look like sin. The Devil's first accomplishment is to convince you that he doesn't exist. And then he proceeds to insinuate doubts to make you believe that conscience is a figment, that prayer is a projection, and finally that God is only a defence mechanism.

In contrast to what the Devil throw at us, our Lord Jesus provides us with the perfect defence against his attacks - faith and obedience to the authority of God. **Christ in embracing our humanity, allowed Himself to be tempted as we have been tempted** (Heb. 4:15). No other gospel story allows us to identify so closely with Him. He proves to us that if we remain steadfast to God's purpose and will, His grace will have the last word, not sin.

But it is also helpful to know how the Devil works. The tempter offers up things that are eminently reasonable and seemingly rational. Sometimes evil is easily identified. But more often than not, evil presents itself in the guise of an apparent good. What is the common thread running through all temptations which we face? It is basically this: to treat God as less than God. And ultimately, when men cease to trust God and worship Him, they end up worshipping themselves or the devil. We are constantly being tested to trust God and instead trust in our own strength.

But Jesus's example shows us to always stay focus on God and not the world. We derive power not from autonomy but from faithful and humble obedience to God. Ultimately, the ultimate defence and cure to all forms of temptations is this, putting God first above all else.

This Lent let's tussle against temptation by trusting in the one who was and is always faithful to us—Jesus Christ, the One who defeated the Devil at his own game. In the One, we are One! ✚

✚
"Despise the temptation and embrace the tribulation. When the enemy roars around you, it shows that he is not in you."

St. Padre Pio

INTERNAL CIRCULATION ONLY
BUL 08/2026

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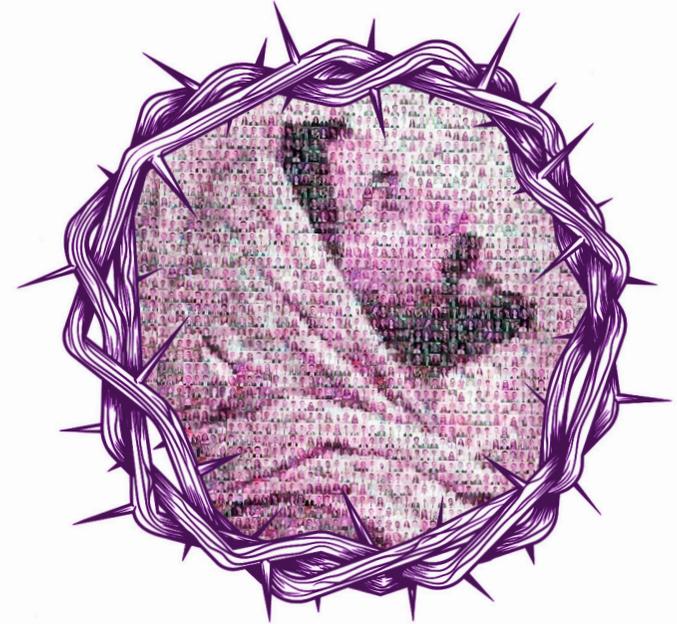
NEWBEC

NEW WAY OF BEING CHURCH | 1st Sunday Of Lent | 22 February 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: CHURCH: Fostering Inclusivity



"In the One, We Are One"

When it comes to the subject of temptation, we have many stories to share, don't we? Everybody faces temptation. Some of it is pretty harmless (that extra slice of chocolate cake) and we can laugh about it. But some of it isn't.

Church of the Good Shepherd,
8, Jalan Air Putih, Setapak,
53200 K. L. Tel: 03-48216332

Parish Priest:

Fr Mitchel Anthony Joseph
Email: goodshepherd@archkl.org

Bulletin: February 22, 2026

Fr Mitchel's Diary

FEBRUARY 2026

- Feb 1: World Interfaith Harmony Week (Feb 1 – 7)
- Feb 2: Presentation of the Lord
- Feb 4: Mass: BEC/Zone Gombak
- Feb 6: 1st Friday/Holy Hour
- Feb 7: Infant Baptism
- Feb 7: Wedding Service
- Feb 8: Children's Lit of the Word
- Feb 12: BECOT Meet
- Feb 14: Wedding Mass
- Feb 17: Mass
- Feb 18: Ash Wednesday
- Feb 20: Stations & Mass
- Feb 24-25: Clergy Recollection
- Feb 27: Stations & Mass

Interested to Serve in a Ministry?
Family Life

Christopher Cheong 012-7990774 & Christine Chua 012-3142864

Evergreens' Ministry

Mona Victor (016-2039549)

Street Shepherd Outreach (SSO)

Stanley Sim (017-3931975) & Sharom (012-3111251)

Orang Asli Ministry

Lajarus Tabin (011-26234498)

Medical Mission

Dr Tony Henderson Jeyarajah (016-5979086)

Ministry of the Poor/PIHD Rep

Nicholas Anthony (012-6870905)

Prison Ministry

Michael Yap (012-3993096)

Justice & Peace

(formerly Women's Desk)
Natasha Anne (012-9029535)

Migrant Ministry

Theresa Janey (012-2367316)

Youth Ministry

Cavan (012-8977116)

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GSC USE OF QR PAYMENT METHOD...

...is only for general Donations.

This mode of payment however, **is not for Mass intention offerings!!**

**LENTEN THEME 2026:
"IN THE ONE, WE ARE ONE"**



OPEN TO ONE & ALL

You may register through the link:
<https://forms.gle/K38ckPQnecqAr4DQA>

or at the Parish Office!

This is a precious opportunity for us to pause, reflect & renew our hearts and intentions before God.

Come away by yourselves to a quiet place & rest a while" (Mark 6:31)

ANOTHER INTERESTING MENTAL HEALTH AWARENESS WORKSHOP ESPECIALLY FOR YOUTH



Calling our Youth ages 18 – 40 years

Date:
Sat, 28/02/26

Time:
9am – 1pm

Place:
GSC Function Hall (1st Floor)

Fee: RM10.00

Facilitating:
Christine Maryanna Gabriel (Licenced Marriage & Family Therapist)

WEEKEND COLLECTION & OTHERS

Feb 14 - 15: RM6618.85. Blessings to all.

2026 THEME: Walking Together Towards A Synodal and Prophetic Church (A People for Missionary Discipleship)

February 2026:

'Practising Inclusivity Through Concrete Gestures and Honouring the Dignity of All (Rom 12:4-5)

PCC Chairperson: Gerard Sebastian (012-6528751)

PFC Chairperson: Andrew Eapen (012-2096461)

BECOT Coordinator: Michael Joseph (018-4020199)

Mass times: Sundays -7.30am (T), 9.30am (E), 11.15am (M), 12.45pm (BM)

Saturdays

Sunset Mass - 5.15pm Rosary; 6.00pm (Mass - English)

Weekdays: Tue-Thu: 6.30am; Fri (7pm) (Check Mass list for any weekly changes)

Any donations & other offerings may be made payable to:

'Gereja Katolik Good Shepherd'(Affin Bank)

A/C No. 1001-9000-7211.

Please state your payment preference

Parish Office: Tue – Fri (9.00am-5.00pm)

Sat: (9am-1pm; 3.30pm-6pm); Sun: (8.30am-1.00pm)

Mondays & public holidays (closed)

STATIONS OF THE CROSS - FRIDAYS IN LENT

= **7.00pm** (Rosary); **7.30pm** Stations of the Cross (Eng/Tamil/Mandarin); **8.00pm** Mass = **8.30pm** Stations of the Cross (BM) (outdoors when weather permits or in the Chapel)

LENTEN PENITENTIAL SERVICES

(COME, BE RECONCILED WITH THE LORD)

Good Shepherd, Setapak: 18-03-2026 (Wed)

And at District level:

St Joseph, Sentul:

Jesus Caritas, Kepong: 05-03-2026 (Thu)

Risen Christ, Jln Ipoh: 12-03-2026 (Thu)

Kristus Cahaya, Desa Jaya: 23-03-2026 (Mon)

Kristus Aman, TTDI: 24-03-2026 (Tue)

RITE OF ELECT

The Rite of Elect will take place on March 1st (2nd Sun of Lent) at 3.00pm at St John's Cathedral, K. L.

26 Catechuminate from our Parish will join the 863 others from KL Archdiocese for this celebration. We pray for them all.

Note: The Rite of Enrolment for our Catechumens will take place at GSC this Sat, 28/02 (6.00pm).

LENT RETREAT ALSO FOR THE TAMIL-SPEAKING COMMUNITY

(14TH & 15TH MARCH IN PORT DICKSON)
Details are on the notice-board

LENTEN ENVELOPES OFFERING

You may make your donations through the envelopes provided (at the book racks or with our Hospitality Ministers) to 'Catholic Welfare Services' or bank transfer.

All details are on the Lenten envelope.



IS OPEN TODAY (FEB 22)

Welcome back to your classes, dear students

BANNS OF SACERDOTAL ORDINATION (CHANCERY NOTICE)

Rev Deacon Philip Asirwalam (SH Church) & Rev Deacon Anthony Robert Peter (St Jude, Rawang) on Sat, 09/05/25 @ St John's Cathedral.

Let us keep them in prayer.

CLERGY MONTHLY RECOLLECTION

...will be held this Tue & Wed (February 24 – 25 March).

Please, note:
There will be no Mass on 25/02.

PARISH CMPC SESSION (ENGLISH/TAMIL) TO BEGIN IN MARCH

Please register at the Parish Office latest by February 24.

WE NEED YOU IN OUR LITURGY MINISTRY

Altar Servers; Lectors; Projectionists; Hospitality Ministry; Divine Design members.
Contact Raymond: 012-3703013

CHURCH OF THE GOOD SHEPHERD
8, Jalan Air Putih, Setapak, 53200 Kuala Lumpur
Parish Priest: Rev Fr Mitchel Anthony Joseph

February 14 - 21, 2026

Saturday 21st February: 5.15pm Rosary; 6.00pm Sunset Mass (E)

1st Sunday of Lent (A)

Gen 2:7-9,3:1-7; Rom 5:12-19 (or 12:17-19); Mt 4:1-11

Souls: M Vincent, Dennis Khoo Chuan Aun, Philip & Ann Chong, Francis Ng Sun Hi & Maria Low Yon Moy, Don Antonio Emilio Martinez, Hensie Peters, Stephen Augustin, Reginald Raj, Mr & Mrs Oliver Lawrence Fernandez, Mandy Yeong Mow Yoong, Annie Tung Ah Har, Lilian Wong Poh Choo, Amboros Francis, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Henry Jayasuria, Lucy Netto, Maria John, Joachim Joseph, Richard Ng Cheng Kit, Sally Lim Ah Hong (7th day), Lim Jet Thien & Lim Jet Swan, Kwek Kwi Neo & Stanley Kwek, Irene Foo Mei Lan, Mr & Mrs David, Mr & Mrs James, Matthew Lim, Alexander Michael, Sr Madonna FMM, Philomena D'potant, Yesdas Jeganathan, Souls in purgatory (by Shirley)

Sp Int: Liza Dass, Roy, Lily, Jay Phang, Jordan Lim

Thanksg: Liza Dass, Harry Daniel Solomon & fly (I J), Roseline & fly (SHJ), Christine & Emilio, Tim & Sharon, John Symon

Sunday 22nd February: Masses: 7.30am (T); 9.30am (E); 11.15am (M); 12.45pm (BM) Psalter I
1ST SUNDAY OF LENT (A)

Gen 2:7-9,3:1-7; Rom 5:12-19 (or 12:17-19); Mt 4:1-11

Souls: Peter Foo Loong Fong, Harvey Gerard Krishnan, Francis Ng Sun Hi & Maria Low Yon, Victor Thomas & Helene Antoinette, Mr & Mrs Oliver Lawrence Fernandez, Wong Ah Mook, Seow Choon Heong, Steven Seng Kim Hoe @ Sing Kim Hoi, Olga Phillips, Xavier Saverimuthu, Melisha Lim Bee Mee, Francis De Rozario, David Vythy, Rebecca Abirani Rajendran, Joseph Foong Fock Yong, Annie Chiew Kim Hoi, Magdalene Tan Poh Ghaik, A D Thomas, Ian Chua Ming Soon, Baby Angel, Lee Kow & Low Sok Kuai, Lee Tak Choy & Chan Low San, Cheng Sam Kaw & Fun Sai Choo, Khor Sang Yau & Wong Sai Lan, Deceased of Lee fly, Cheng fly & Khor fly, Peter Moses, Richard Ng Cheng Kit, Vasthena Elsy Pereira, Veronica Aloysius, Aloysia Kuil Bingkong, Angela Anom Amboh, Marcel Lean & Victoria, Deesharnie, Lalitha (Josephine), Joseph Chang & Rose Ng, Peter Chang, Patrick Joseph Wong, Alexander Joseph, John Tan, Yesdas Jeganathan, All souls in purgatory & aborted babies (by Alena Chin, by Amy D'cruz)

Sp Int: Joan Wong, William Kan & fly, Cliff Fern, Mr & Mrs Francis (healing), Cheng Yun Hao, Annie Lim (peace), Aloysius Matnih Anim, Godfrey Aloysius Matnih, Ethan Jess Paul, Dr Tony Henderson Jeyarajah,, Kraal fly, Daveena John Subramaniam, Thomas Joseph, Mary Teh (personal), Andrew Tan

Thanksg: Angela Stevenson (SPP), Faustina Lee, Christine & Emilio, Emmanuel Benedict, Yeo fly, Chuah Sit Giap, Chuah Meng Yeng, Chuah Meng Hua & fly, Chuah Siew Mian & fly, Chuah Teong Ming & fly, Chuah Meng Theng & fly, Chuah Meng Sim, Colin Kuhen Jeyarajah, Richardson D'cruz (SHJ)

Monday 23rd February: 1st Week of Lent (Office closed)

Lev 19:1-2,11-18; Mt 25:31-46

NO MASS

Tuesday 24th February: 6.30am Mass (1st Week of Lent)

Is 55:10-11; Mt 6:7-15

Souls: Mr & Mrs Oliver Lawrence Fernandez, Janet Lim Swee Kim, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, LTM Aaron W Stevenson, Richard Ng Cheng Kit, Anthonysamy, Elizabeth Raniesth, Manuel Vavachan & Carmel, Yesdas Jeganathan

Sp Int: -

Thanksg: -

Wednesday 25th February: 1st Week of Lent

Jon 3:1-10; Lk 11:29-32

(NO MASS) Clergy Recollection

Thursday **26th February: 6.30am Mass (1st Week of Lent)**

Est 4:17; Mt 7:7-12

Souls: Mr & Mrs Oliver Lawrence Fernandez, Mr & Mrs A Amalappasamy, LTM Aaron W Stevenson, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Richard Ng Cheng Kit, Arasu fly, Yesdas Jeganathan

Sp Int: -

Thanksg: -

Friday **27th February: (1st Week of Lent)**

7.00pm Rosary; 7.30pm Stations of the Cross (E/T/M); 8.00pm Mass
8.30pm Stations of the Cross (BM) outdoors when weather permits (or chapel)

1 Is 58:1-9; Mt 9:14-15

Souls: Santhana Mary Kolandaisamy, Mr & Mrs Oliver Lawrence Fernandez, Nellan Mathavan, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Richard Ng Cheng Kit, Sabastian & Iruthamary, Augustas F & Christine, Yesdas Jeganathan

Sp Int: -

Thanksg: -

Saturday **28th February: 5.15pm Rosary; 6.00pm Sunset Mass (E)**

2nd Sunday of Lent (A) / Rite of Enrolment

Gen 12:1-4; 2 Tim 1:8-10; Mt 17:1-9

Souls: Dennis Khoo Chuan Aun, Philip & Ann Chong, Francis Ng Sun Hi & Maria Low Yon Moy, Ivy Agnes Anthony & Bala Anthony, Hensie Peters, Reginald Raj, Mr & Mrs Oliver Lawrence Fernandez, Amboros Francis, Annie Chiew Kim Neo, Magdalene Tan Poh Ghaik, Henry Jayasuria, Maria John, Joachim Joseph, Richard Ng Cheng Kit, Yesdas Jeganathan

Sp Int: Fr Edward Anthony & fly, Roy, Lily

Thanksg: Harry Daniel Solomon & fly (A S), Mark Praba (b'day), Marie J, Filomena Nayagam (good health), Roseline & fly (SHJ), Vanessa (prayers answered)
